

This Online Somatic Course offers:

- One intro video to watch anvtime
- 5 LIVE online WebVideo classes
- Live discussion time after class
- 4 recorded audio somatizations
- ONLINE community share your experiences, questions, discoveries

Reference materials and handouts per class

Themes:

- 1. Introduction to Somatic Embryology
- 2. One Cell Many Cells
- 3. Blood and Circulation, Placenta, Vessels
- 4. Notochord Neurulation
- 5. Limb Development Rotation
- 6. Summary Wrap up

This class provides a framework for your studies, opportunities for your questions, and a community to bounce around your thoughts and inquiry!

Sign up at embodyourlife.com

Christine Cole

Is a Teacher of Body-Mind Centering, and directs the Somatic Body Training in New England. A constant explorer, she is interested in enlivening somatic discourse in person and online.

This course is a surprise – as an online Skype supervision went fabulously

Sign up before August 15th \$250 Thereafter \$320 private sessions available